



# Woodside News!

## Kindergarten

Hear Us Roar

febrero 2020

### WHAT WE ARE LEARNING THIS MONTH

**Writing:** Students are writing non-fiction pieces (How to Books) and are continuing to learn about the stages of writing. For example, drafting, editing and publishing. All students will publish a piece of writing at the end of the unit of study. Please discuss and support your child's writing journey daily through the following recommendations and don't forget to ask them about their publishing celebration!

**At home:** Pick a favorite non-fiction topic. Talk about all aspects of the topic. Draw it in a diagram. Label all its parts. (Ex. Dogs - breeds, nutrition, habitat, etc.)

**Reading:** Woodside readers will continue to learn about non-fiction text features and how to use these features to understand more about a topic.

**At home:** Point out features in non-fiction texts, like bold print, captions and catchy titles that grab the reader's attention.

**Math:** Units of Measurement – Students will explore taller than, longer than and shorter than concepts.

**At home:** Please support this learning by exploring how tall things are. Utilize simple objects to measure things around the house.

**Science:** Unit 2: Forces and Interactions - Pushes and Pulls: This unit introduces physics. In this unit, students will learn: the strength of an object and the effect of force on the object.

**At home:** You can support your child's thinking in this area by discussing, what makes an object move and what happens when objects collide?

**Social Studies:** Students are learning about symbols that represent our country and about the significance of the American flag.

**At home:** Show your child a flag from your heritage and discuss the symbolism of its design.

## First Grade

### WHAT WE ARE LEARNING THIS MONTH

**Writing:** Students are writing non-fiction pieces (How to Books) and are continuing to learn about the stages of writing. For example, drafting, editing and publishing. All students will publish a piece of writing at the end of the unit of study. Please discuss and support your child's writing journey daily through the following recommendations and don't forget to ask them about their publishing celebration!

**At home:** Pick a favorite non-fiction topic. Talk about all aspects of the topic. Draw it in a diagram. Label all its parts. (Ex. Dogs - breeds, nutrition, habitat, etc.)

**Reading:** Woodside readers will continue to learn about non-fiction text features and how to use these features to understand more about a topic.

**At home:** Point out features in non-fiction texts, like bold print, captions and catchy titles that grab the reader's attention.

**Math:** Students are continuing to learn new strategies for addition and subtraction. We are also beginning to explore place value and base 10.

**At home:** Review words found in word problems. For example, addition words: add, both, plus, together.  
Subtraction words: difference, fewer, less than.

**Science:** Unit 2: Waves Light and Sound

**At home:** You can support your child's thinking in this area by discussing how sound makes vibrations.

**Social Studies:** Students are learning about Black History Month and the famous U.S. Presidents we celebrate this month.

**At home:** Discuss the important contributions that famous African American leaders have made to our great country.



# Woodside News!

Escuche Nuestro Rugido

## Kindergarten

febrero 2020

### LO QUE ESTAMOS APRENDIENDO ESTE MES

**Escritura:** los estudiantes están escribiendo piezas de no ficción y continúan aprendiendo sobre las etapas de la escritura. Por ejemplo, redacción, edición y publicación. Todos los estudiantes publicarán al final de la unidad de estudio. Discute y apoye el viaje de escritura de su hijo diariamente a través de las siguientes recomendaciones y no se olvide preguntarle sobre la celebración de su publicación!

**En casa:** elige un tema favorito de no ficción. Hable sobre todos los aspectos del tema. Dibújalo en un diagrama. Etiqueta todas sus partes. (Ejemplo- Perros - razas, nutrición, hábitat, etc.)

**Lectura:** los lectores de Woodside continuarán aprendiendo acerca de las características de texto que no son de ficción y cómo usarlas para comprender más sobre un tema.

**En casa:** señale características en textos que no sean de ficción, como sub títulos en negrita, y títulos llamativos que captan la atención del lector.

**Matemáticas:** Unidades de medida: los estudiantes explorarán los conceptos de más alto que, más largo y más corto que.

**En casa:** por favor, apoya este aprendizaje explorando el concepto de qué tan altas son las cosas. Utiliza objetos simples para medir cosas en la casa.

**Ciencia:** Unidad 2: Fuerzas e interacciones - Empuja y tira: Esta unidad introduce el concepto de física. En esta unidad, los estudiantes aprenderán: la fuerza de un objeto y el efecto de fuerza sobre el objeto.

**En casa:** puede apoyar el pensamiento de nuestros niños en esta área discutiendo, ¿qué hace que se mueva un objeto y qué sucede cuando los objetos chocan?

**Estudios sociales:** los estudiantes están aprendiendo sobre los símbolos que representan a nuestro país y sobre el significado de la bandera de los Estados Unidos.

**En casa:** muestre a su estudiante una bandera de su herencia y discuta el simbolismo de su

## Primer Grado

### Lo Que Estamos Aprendiendo Este Mes

**Escritura:** los estudiantes están escribiendo piezas de no ficción (Cómo hacer libros) y continúan aprendiendo sobre las etapas de la escritura. Por ejemplo, redacción, edición y publicación. Todos los estudiantes publicarán al final de la unidad de estudio. Discuta y apoye el viaje de escritura de su hijo diariamente a través de las siguientes recomendaciones y no se olvide preguntarle sobre la celebración de su publicación!

**En casa:** elige un tema favorito de no ficción. Hable sobre todos los aspectos del tema. Dibújalo en un diagrama. Etiqueta todas sus partes. (Ex. Perros - razas, nutrición, hábitat, etc.)

**Lectura:** los lectores de Woodside continuarán aprendiendo acerca de las características de texto que no son de ficción y cómo usarlas para comprender más sobre un tema.

**En casa:** señale características en textos que no sean de ficción, como sub títulos en negrita, y títulos llamativos que captan la atención del lector.

**Matemáticas:** los estudiantes continúan aprendiendo nuevas estrategias para sumar y restar.

**En casa:** repasar palabras encontradas en problemas verbales. Por ejemplo, palabras de adición: agregar, ambos, más, juntos. Palabras de resta: diferencia, menos, menos que. Por favor, vea ejemplos adicionales:

**Ciencia:** Unidad 2: Ondas de luz y sonido

**En casa:** puede apoyar el pensamiento de su hijo en esta área al analizar cómo el sonido produce vibraciones.

**Estudios sociales:** los estudiantes están aprendiendo sobre el Mes de la Historia Negra y los famosos Presidentes de los Estados Unidos la cual se celebren este mes.

**En casa:** Discuta las importantes contribuciones que los líderes afroamericanos famosos han hecho a nuestro gran país.

ZEARN is now an integral part of our math program! Zearn Math is a complete math program that provides Common Core aligned math lessons, personalized to individual learners. Lessons focus on three critical components: deep understanding, fluency, and problem-solving.




## Daily Non-Negotiable's For Our Students

- **Reading**—We are building stamina daily!
- **Just Right Books** - Students have access to leveled books they can read in their Book Baggies.
- **Writing**—Students write daily and go through the stages of writing!
- **Differentiated Literacy Centers** - Students engage in Literacy centers daily to build fluency.
- **Fundations**—We follow the program and pacing with fidelity!
- **Math** - 60 minute math blocks!
- **What I Need - WIN** - Everyday our students receive differentiated instruction based on their individual needs.

**Million Dollar Words** - Who has a Million Bucks in their pocket? Our students, that's who! Our students are working on using **Million Dollar Words** in their writing! Ask your child what their **Million Dollar word** is!



## We Are College Bound!

Every classroom has a college or university that is designated on their door. We remind our kiddos everyday that they are college bound!

**Hey... Woodside Kiddo,  
“Where Are You Going?”  
Kiddo Response -  
“I’m College Bound!”**

PBIS

Mentor Text for February  
Sylvester and the Magic Pebble  
By William Steig  
Theme is Love

<https://www.youtube.com/watch?v=VR738fbYyiY>

You can watch the story online with your kiddo!



Please follow or direct message me on  
**Twitter @RARWoodsidePrin**  
as I continue to highlight all the  
great things happening at Woodside!

## Upcoming Holidays / Commemorative Days

**Black History Month**  
**International Women's Day**  
**Memorial Day**  
**Flag Day**  
**Project Me**



**100**  
**DAYS OF**  
**SCHOOL!**

The 100th day of school is coming! We will be celebrating on February 27th barring any unforeseen school closures.



## Upcoming Events at Woodside

### February

6th - Snowball Dance - Kindergarten Session at 5:30 pm &  
First grade Session at 6:45pm



7th - Snow date for the Snowball Dance

11th - Coffee With The Principal and Workshop on the Zones of Regulation at 6:30 pm

17th thru 21st - Winter Recess



25th - PBIS Golden & Sparkle Assembly - Kindergarten at 10:00 am and First Grade at 2:15 pm

27th - Woodside Parent Workshop / Learning Throughout the Summer at 6:30 pm  
100th Day of School!



## Notes from Sherly and Marisa



If you are picking up your child from school please ensure that you arrive no later than 2:45 pm. The main door closes at 3:00 pm promptly. After that time parents are **NOT** allowed in the building.

Also please understand that if your child is a walker you must pick up your child by the gymnasium entrance. This door opens at approximately 3:25 pm. Please do not bang on the door.





# Commitment To Character

Monthly we select 2 students that exemplify the character attribute of the month. For the month of January the attribute was collaboration. For the month of February the attribute will be love and kindness.



Congratulations to Woodside Nominee's for the Month of January!

## Eliana Delgado-1st Grader in Ms. Rodriguez Class

Eliana is an honor to have in class. She loves coming to school and learning many things! She is an example of a true leader in and out of the classroom. She helps her peers when they have a hard time understanding or completing a task. Eliana values friendships and working as a team. She makes sure everyone feels included in the class, and is inclusive of others at recess. She is a risk taker who willingly takes over any task without hesitation and is always willing to give a helping hand to teachers and students! We know that Eliana will continue to succeed in all her endeavors! We are so proud of her!

## Yordi Garcia-Kindergartener in Ms. Garcia's Class

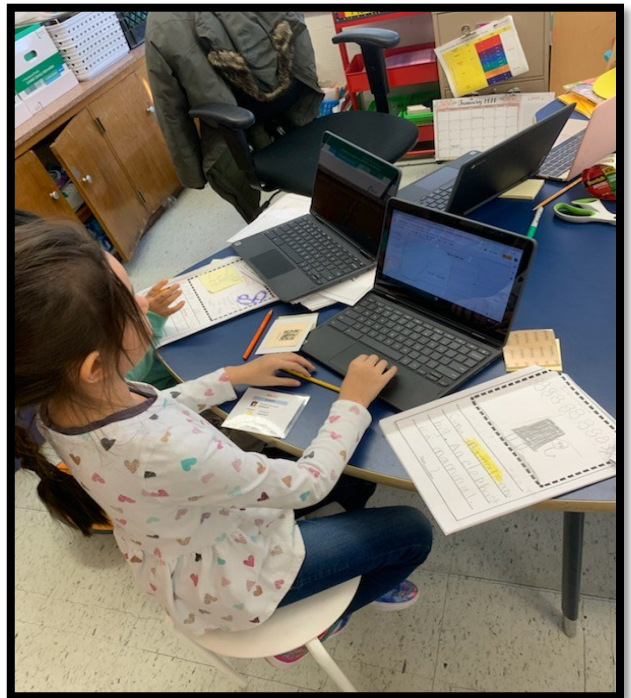
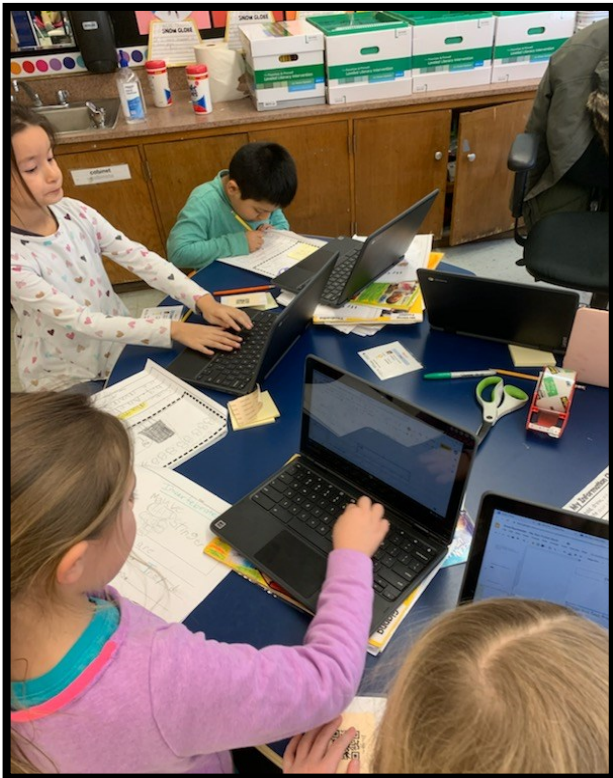
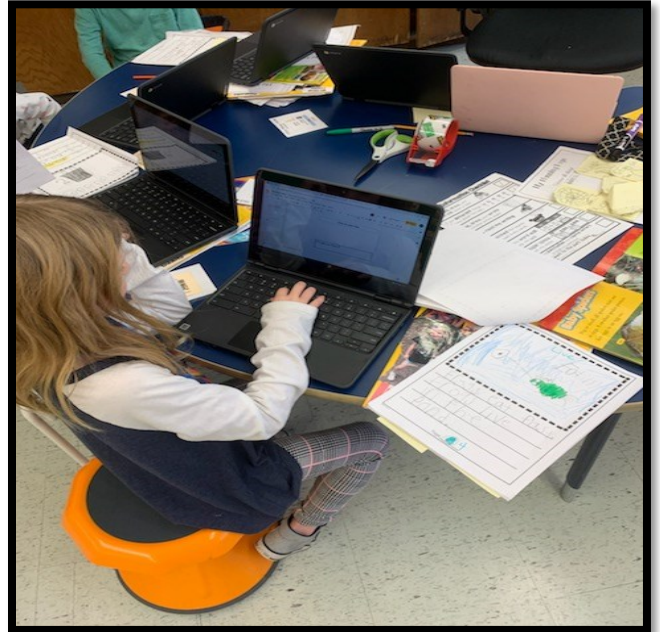
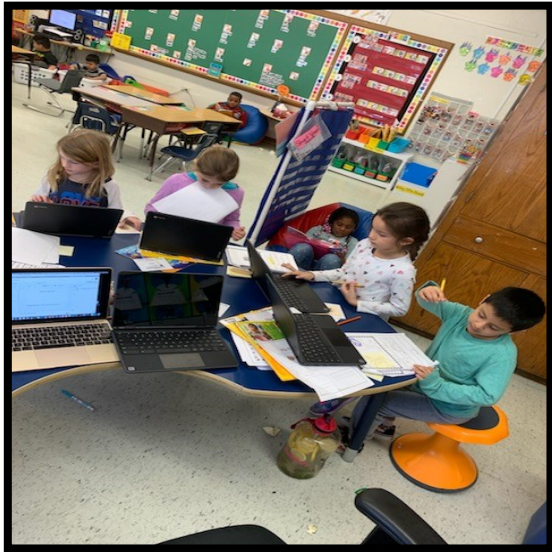
Yordi is a delight to have in class. He is very mature for his age. He is always happy to help his peers and teachers. He is a natural leader and demonstrates initiative in all he does. He also has a natural love for learning. He is inspired, joyous and willing to overcome challenges. Yordi and his father are newly arrived from Guatemala and certainly demonstrate the will and perseverance of an overcomer. We know that the future holds great things for him. We are so proud of him!

**Our Students will be honored at the February 4, 2020  
Board of Education Meeting!**



# Woodside At It's Best

Our kiddos taking their nonfiction writing pieces to the next level. Creating slides in Google Classroom. I can't wait to see their presentations! [#bringtherigor](#), [#firstgradersonthemove](#), [#proudprincipal](#), [#MsEliazersclass](#)





# Woodside At It's Best

## Kinder-Steam

### Here We GO!



**Project #1:** Building a rainbow bridge. Students will use STEAM to build a rainbow bridge out of pipe cleaners and play dough. The structure will support a small cup of counters.

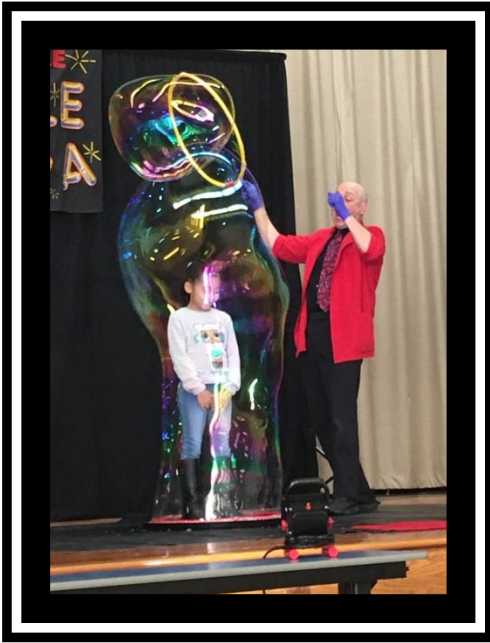


**Project #2:** Building a bridge for 21 elephants (or any other small counter-cubes, ducks, bears etc). Teachers can read the story Twenty-One Elephants. Students will use STEAM to build a bridge out of small plastic cups and popsicle sticks to support 21 small



**Project #3:** Chicka Chicka boom boom tree. Students will use STEAM to build a Chicka Chicka boom boom tree out of classroom blocks and popsicle sticks. Teachers will provide students with all 26 letters of the alphabet from their classroom magnet sets. Students will work together to build a structure that will hold as many letters as they can before BOOM BOOM, the letters fall off.

# Woodside At It's Best



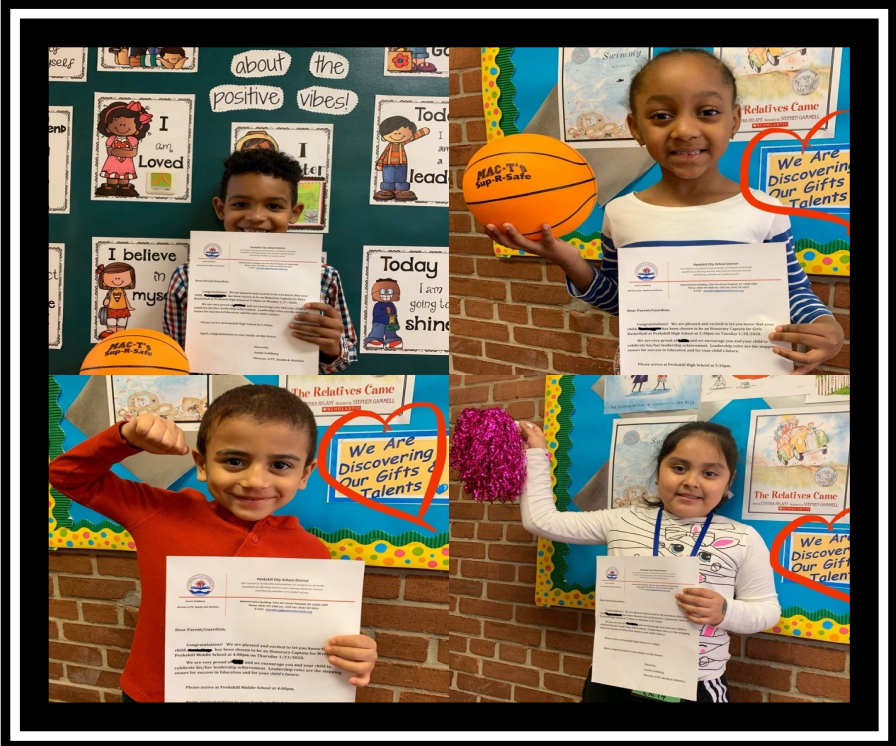
Bubblemania was a blast!  
Our kiddos had a superific time!  
[#Scienceisfun](#)  
[#woodsidewhimy](#)



Thank you  
Ms. Norman &  
Ms. Cappuccilli  
for bringing us  
BubbleMania!



**Can you guess which students are  
Honorary Captains for Cheer, Basketball, and Wrestling?  
[#peekskillpride](#), [#thewoodsideway](#) **YOU DA BEST!****





# Attendance Matters Tips for Parents

## 5 Mindfulness Activities For Kids



- 1. Do a breathing exercise** - Create a calm, peaceful and loving space so your child can start to get intrigued about what's to come. Start by asking them to pretend they're smelling something yummy, like a freshly baked cake, as they take a deep breath in, then to pretend they're blowing out a candle as they exhale. Keep the exercise short to begin with—say, try it 5 times—then work your way up to several minutes, having your kid focus on their belly rising and falling.
- 2. Take a nature walk** - A mindful walk after school, gives them a chance to get some fresh air, benefit from the endorphins that are released with exercise, and helps them learn to just be in the present. On your walks, have your kids describe three or four things from nature they see. For them, this is fun and exciting, but they're really nestled into that present moment. It takes you away from the stress of what is to come. They're not thinking about activities they have to get ready for, and it helps establish a connection between parent and child.
- 3. Come up with a positive mission statement** - Focusing on a few carefully chosen words helps you to focus on those words and how you're feeling when you say them. And if you're a child who's still trying to learn about feelings, it's a powerful thing to learn that you can take a definitive stance about how you're going to go through and experience life. For example, "I am healthy, I am strong, I am smart, I am loving, I am happy, I am beautiful."
- 4. Talk about gratitude** - Start your morning and end your day stating at least one thing you are grateful for. As you present your own things you're grateful for, your kids will begin to pick up on your values, like health and family. If we focus on the things that bring us joy and happiness, then that happiness expands.
- 5. Embrace feelings of all kinds** - Part of being mindful is learning to accept your feelings without judgment, and that's something that parents can model. Do not label feelings as good or bad. Acknowledge what they are feeling and explore why they are feeling that way and what they can do to feel better. (ie. taking a break, deep breathing, reading a book,, talking to an adult, coloring, playing with legos, playdough, etc.)

# Asistencia Importa Consejos Para padres

## 5 Actividades De Atención Plena Para Niños



**1. Hacer un ejercicio de respiración** - Cree un espacio tranquilo, pacífico y amoroso para que su hijo pueda comenzar a intrigarse por lo que vendrá. Comience pidiéndoles que finjan que están oliendo algo delicioso, como un pastel recién horneado, mientras respiran profundamente, luego pretendan que están apagando una vela mientras exhalan. Para comenzar, mantenga el ejercicio corto, por ejemplo, inténtelo 5 veces, luego trabaje hasta varios minutos, haciendo que su hijo se concentre en que su barriga suba y baje.

**2. Da un paseo por la naturaleza** - Una caminata consciente después de la escuela, les da la oportunidad de tomar aire fresco, beneficiarse de las endorfinas que se liberan con el ejercicio y les ayuda a aprender a estar en el presente. En sus caminatas, haga que sus hijos describan tres o cuatro cosas de la naturaleza que ven. Para ellos, esto es divertido y emocionante, pero realmente están enclavados en ese momento presente. Te aleja del estrés de lo que está por venir. No están pensando en actividades para las que deben prepararse, y esto ayuda a establecer una conexión entre padres e hijos.

**3. Presente una declaración de misión positive** - Centrarse en unas pocas palabras cuidadosamente elegidas lo ayuda a concentrarse en esas palabras y en cómo se siente cuando las dice. Y si usted es un niño que todavía está tratando de aprender sobre los sentimientos, es una cosa poderosa aprender que puede adoptar una postura definitiva sobre cómo va a atravesar y experimentar la vida. Por ejemplo, "Estoy sano(a), soy fuerte, soy inteligente, soy amoroso(a), soy feliz, soy hermoso(a)".

**4. Hable de gratitude** - Comience su mañana y termine su día declarando al menos una cosa por la que está agradecido. A medida que presenta sus propias cosas por las que está agradecido, sus hijos comenzarán a reconocer sus valores, como la salud y la familia. Si nos enfocamos en las cosas que nos traen alegría y felicidad, entonces esa felicidad se expande.

**5. Aceptar sentimientos de todo tipo** - Parte de ser consciente es aprender a aceptar tus sentimientos sin juzgar, y eso es algo que los padres pueden modelar. No etiquete los sentimientos como buenos o malos. Reconozca lo que sienten y explore por qué se sienten así y qué pueden hacer para sentirse mejor. (es decir, tomar un descanso, respirar profundamente, leer un libro, hablar con un adulto, colorear, jugar con legos, plastilina, etc.)

